

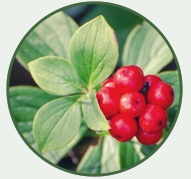
Standardised Extracts

American ginseng 1:2 (*Panax quinquefolius*)

Standardised to contain a minimum of: 15mg/mL total ginsenosides.

Weekly Dosage: 5 - 20mL.

Actions: adaptogen, cardioprotective, cognition enhancer, immunomodulator, neuroprotective and tonic.



Echinacea blend 1:2 (*Echinacea purpurea* & *Echinacea angustifolia*)

Standardised to contain a minimum of: 1.5mg/mL total alkylamides.

Weekly Dosage: 20 - 100mL.

Actions: anti-inflammatory, depurative, immune enhancer, immune modulator, lymphatic and vulnerary.



Echinacea purpurea 1:2 (*Echinacea purpurea*)

Standardised to contain a minimum of: 1.5mg/mL total alkylamides.

Weekly Dosage: 20 - 100mL.

Actions: anti-inflammatory, depurative, immune enhancer, immune modulator, lymphatic and vulnerary.



Ginkgo 3:2 (*Ginkgo biloba*)

Standardised to contain a minimum of: 10mg/mL ginkgo flavonglycosides.

Weekly Dosage: 30 - 60mL.

Actions: antioxidant, cardiogenic, circulatory stimulant, cognition enhancer, hepatoprotective and neuroprotective.



Hawthorn berry 1:2 (*Crataegus monogyna* / *C. laevigata*)

Standardised to contain a minimum of: 7mg/mL oligomeric procyanidins.

Weekly Dosage: 15 - 50mL.

Actions: antioxidant, cardiogenic, astringent, hypotensive and cardioprotective.



Kava 1:2 (*Piper methysticum*)

Standardised to contain a minimum of: 15mg/mL kavalactones.

Weekly Dosage: 20 - 60mL.

Actions: anxiolytic, local anaesthetic, skeletal muscle relaxant, hypnotic and sedative.



Korean ginseng 1:2 (*Panax ginseng*)

Standardised to contain a minimum of: 12mg/mL total ginsenosides.

Weekly Dosage: 5 - 15mL.

Actions: adaptogen, cardiogenic, cancer protective, cognition enhancer, immunomodulator and tonic.



Milk thistle 1:1 (*Silybum marianum*)

Standardised to contain a minimum of: 25ml/mL silymarin.

Weekly Dosage: 30 - 60mL.

Actions: antioxidant, choleric, galactagogue, hepatoprotective and hepatotrophorestorative.



Milk thistle glyctract 10:1 (*Silybum marianum*)

Standardised to contain a minimum of: 25mg/mL total silymarins.

Weekly Dosage: 30 - 60mL.

Actions: antioxidant, choleric, galactagogue, hepatoprotective and hepatotrophorestorative.

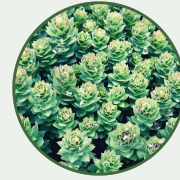


Rhodiola 1:1 (*Rhodiola rosea*)

Standardised to contain a minimum of: 2 mg/mL rosavins & 1 mg/mL salidroside.

Weekly Dosage: 20 - 40mL.

Actions: adaptogen, tonic, relaxant, cognition enhancement and antioxidant.



Tribulus 2:1 (*Tribulus terrestris*)

Standardised to contain a minimum of: 30mg/ml furostanol saponins, as protodioscin.

Weekly Dosage: 50 - 100mL.

Actions: aphrodisiac, diuretic, antiurolithic, nephroprotective, cardioprotective, hypotensive, anti-atherosclerotic, hypoglycaemic, hypolipidemia, cytoprotective, anti-inflammatory, antioxidant and antifungal.



Withania 3:2 (*Withania somnifera*)

Standardised to contain a minimum of: 4.5 mg/mL withanolides.

Weekly Dosage: 10 - 25mL.

Actions: adaptogen, tonic, sedative/relaxant, nervine tonic, anti-inflammatory, immune modulator and anti-anaemic.



Phytomed Standardisation Policy

Standardisation

At Phytomed, we believe standardisation is appropriate where there is sufficient supporting evidence that a specific active constituent is important for superior clinical results. Our standardised liquid herb extracts are independently analysed to ensure levels of the specified active constituent consistently comply with the confirmed amount of active per mg/mL of the herb. The levels stated on the label are the minimum that will be present and is frequently exceeded due to the premium quality of our raw herbal ingredients, meaning you often get an even higher potency active extract.

Quality, Tradition & Scientific Validation

All Phytomed herbal extracts are manufactured from premium quality raw herbal plant materials. These raw ingredients are analysed by a certified botanist to ensure the precise species is represented and stringent quality parameters are met. All our herbal material undergoes an extensive identification process including assay testing for any contamination and validation of the required active constituents, with the inclusion of clinical research. Sustainability and ethical harvesting are always at the forefront of our herbal collection procedures. By ensuring a high standard is consistently met by our approved herbal supply chain or harvesters, we can be confident our practitioners are using a quality end product.

Our Promise

Adhering to rigorous quality assurance and GMP manufacturing, our herbal extracts comply with traditional herbal manufacturing methods while incorporating modern scientific validation where appropriate. This means you get only the highest quality herbal extracts, enabling the best possible clinical outcomes.

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